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January 2009  
Month of the Ox (Earth) Year of the Rat (Water)

## January Newsletter

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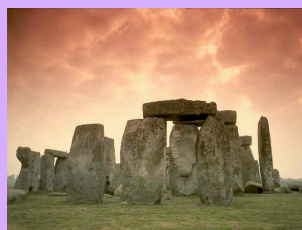


Dear Rachel,

Happy New Year and here's to a speedy end to the Year of the Rat! I'm sure it's not just me, but what a challenging year it has been. This month is the month of the Ox in the Year of the Rat. The Ox and the Rat have a harmonious relationship so expect this month to be light and breezy. January is the final month before we welcome good, solid, stable earth energy into our lives. Did I mention stable..?! The perfect chance for us to get back on our feet and reorientate ourselves for the future...but more about that next month. Stay tuned for my 'Year of the Earth Ox'

Newsletter on February 4.

This month's newsletter will be short and sweet, just like the summer heatwave in Melbourne. I'll see you in February.



### Geomancy: Divining Earth's Energies.

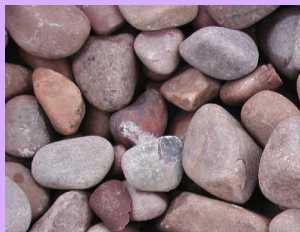
Feng Shui, as you know, is concerned with aligning our constructed environment with our personal goals, beliefs and values so that we can get the best out of life. A lot of what I do as a Feng Shui consultant focuses on how people can arrange their physical environment to improve a home's energy and flow whilst taking into account practical and aesthetic considerations.

But have you ever thought about the influence the ground beneath your building has on the energy of your home? Afterall, the earth is as much of a living, breathing being as you and I are. It can absorb energy and project energy from both positive and negative spectrums that can influence the underlying 'feeling' of a place. The study and practice of divining earth's energies is known as Geomancy. It is a process whereby the health of the land and its energy is assessed and neutralised to promote greater health & harmony in our living environment and consequently, our lives.

The concept of geomancy also encompasses the history of the land or 'spirit of place' which includes sacred sites and powerful energy hot spots all over the world including Stonehenge, Machu Pichu, and our own, Uluru. Many sacred sites are unknown to the naked eye, having formed through centuries of indigenous ritual and ceremonies. Over time the earth has absorbed the powerful energy from these ancient rites, like a sponge, and now this energy has become very much a part of the landscape.

Harmful earth energies, however, can contribute to a heavy and stuck feeling in your home and can also affect your health and sleeping patterns. This is especially the case if harmful earth radiation exists where you sleep (or any other place you spend a lot of time). Over time, exposure to this kind of earth-based energy can undermine your immune system and interrupt sleeping patterns, both of which can impact the body's ability to fight illnesses and to heal and regenerate effectively.

Last year, I was lucky enough to meet and hear a lecture from a man called Peter Ruehmkorff in Sydney. Peter began working in this field in 1948 alongside his father and found that indigenous cultures had dealt with harmful earth energies throughout the ages in Europe and elsewhere in the world. His search for a permanent and effective solution was found when he read a report about German villages that had a better than average percentage of healthy people compared to other surrounding villages. The villages in question had been founded by the Celts on their long journey from India towards the British Isles.



After extensive research into these villages, practitioners found polarised stones in the original foundations that had been used and built over several times. What they had uncovered was an ancient method of Geomancy known as '**The Celtic Stone Method**'. After experimenting and testing the principles of this method, Peter began practising for clients in Australia and Europe. He has been using the Celtic Stone Method in consultation with clients for over 10 years now and consistently receives positive feedback and stories from clients about how his consultations have improved their lives.

#### **BOOKINGS**

Peter will be available for private consultations in early March. His consultation fee is \$180 + booking fee (which is very reasonable).

Peter will spend 2-3 hours with you at your home implementing the method.

I especially recommend him to my current and previous clients as this method can greatly enhance the Feng Shui of your building.

Please [contact me](#) if you are interested in making a booking.

Have a great month

**Warm Wishes,**

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