



October 2008  
 Month of the Dog (Earth) Year of the Rat (Water)

## October Newsletter

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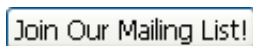
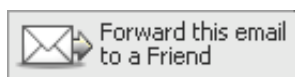
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### Greetings!

By the time you receive this newsletter, I will be part way through a 10-day Vipassana meditation retreat. That is, 10 days of meditating in total silence - no talking! Vipassana is one of India's most ancient meditation traditions with the word meaning 'seeing things as they really are'. I'm looking forward to the insight this practice will provide me, the work that I do and my future plans.

On separate note, I've been quite interested to observe the financial crisis that confronts the US and the rest of the world at this time. My teachers have predicted such an event through the application of five-element theory. Fire element is said to govern financial matters and the stock market and so in a very strong water year, you would expect this area to suffer given that water extinguishes fire. It's not surprising that it has come to crunch time right now as we are passing through metal and water months, both of which strengthen water element to it's fullest and yang-est capacity. Along with many things, the next few months represent a major turning point and the ending of a cycle. Applying this same theory, financial markets should begin to recover from February next year when the stabilising earth element yields its influence - but we will see what happens.

Finally for readers in Melbourne, I will be back in town and available for appointments from Monday 20th October. If you are interested in a quotation or booking, please feel free to email or call me and I will get back you after Sunday 12th October.

Enjoy!



### The Bagua Mirror.

*This article concludes my series on the entrance. For previous topics, see archived emails.*

The environment surrounding your property has an impact on the quality of energy that is attracted into to your home. We have already discussed the auspicious arrangement of the landscape, but sometimes there are formations in the surrounding environment (caused by

other buildings,) that you don't have any control over.

These formations in the environment should always be looked at in relation to the main entrance of your home. If there are any negative influences, then they can be taken care of by using a traditional Chinese object known as the Bagua Mirror.

Pictured above, the Bagua Mirror consists of a small concave mirror surrounded by the earlier heaven sequence of the 8 trigrams, which, based on the I Ching, represents perfect balance between heaven, man and earth. It should always be positioned with the three solid lines (representing heaven) up the top. It's a sacred and very powerful formation that has a protective function. The energy of this pattern of trigrams is very 'yin', so it is essential that this object is **NOT used indoors**. The mirror in the centre of this object, when placed opposite an destructive feature is said to pull in the negative energy created, trapping it and thus protecting the occupants from any negative repercussions it may cause.

The Bagua Mirror is not suitable for all houses and should only be used in extreme circumstances. Some Feng Shui masters consider it to be quite offensive if not used correctly.

When to position a Bagua Mirror at your entrance:

- 1. If the entrance to your building is in line with a harsh corner of another building or other sharp object in the landscape, within a 90 degree radius.** This negative, piercing dynamic is commonly referred to as a 'poison arrow' and has the potential to turn good life force energy bad. Look out for objects such as roof gables, corner of garages, garden pergolas and neighbouring buildings. Position the Bagua mirror above your entrance to capture any negativity.
- 2. If the entrance to your home is obstructed or competing with a singular, significant object within a 45 degree radius.** For example, a large tree, monument or significant outdoor feature. Objects such as these tend to prevent life force energy from entering properly and can encourage obstacles into your life. Aim the bagua mirror at the offending obstruction to ease the impact of this feature on your home.
- 3. If your home and entrance are located in the vicinity of the following establishments,** then chances are a bagua mirror could be good for you. These establishments include: nightclubs, amusement parks, cemeteries, police stations, hospitals and courthouses - basically wherever threatening or disturbing life force energy is continually attracted and located. The places mentioned above all attract energy that can be considered unsavoury and unsuitable for a harmonious living environment. Bagua mirrors are also known to protect against unwanted influences of the spooky variety, so can prevent negative spirits and entities from these places entering your home.

Just recently in Cairns I happened upon the town's cemetery located in a residential area. I couldn't help but wonder about the influence this establishment has on the houses located directly opposite. This arrangement is made worse as the cemetery has no fences or gates bordering the expansive area, so there was no protective barrier between the grave sites and the houses opposite. In this instance, a Bagua Mirror would be an essential tool to protect a house against any misguided influences of the spiritual kind.

If you feel your home could benefit from positioning a Bagua Mirror, please do so with the intention to experiment with the object. Due to certain unseen influences that may be active at your entrance, this 'cure' may or may not be suitable, so pay attention to what happens once you have placed it in position and move it if you experience any undesirable results.



Narrowing down your options.



It has been said that buying a home is the biggest purchase most people make in their lifetime. Not only are you making a huge financial commitment, but you are also choosing the surroundings where your life will unfold for an extended period of time. Along with the purchase of a new home come your hopes for the future, the life you want to live, the life of your family members and all the aspirations involved.

With this in mind, Feng Shui is a useful tool to refer to when making that all-important choice. It is always much better to avoid bad Feng Shui from the outset, rather than making do with what you have ended up with. Using Feng Shui in the decision making process can help you avoid houses that may not support your long-term goals. It can also help you to decide between two properties.

Flying Star Feng Shui is a system that can reveal how energy is manifesting for a particular building. This energy has the potential to impact the kind of experiences you are likely to attract whilst living there. For example, will a home bring you prosperity and success or will it attract energy that could contribute to difficulties in your life. The other aspect which is most important to consider before buying a home is whether or not the home supports good health, harmonious relationships and stability overall.

When conducting a pre-purchase appraisal the following features are important.

- For the main entrance to be located in prosperous energy so the building supports financial prosperity and abundance.
- Bedrooms located in harmonious and supportive energy to ensure positive health, relationships and harmony in the household overall. This is especially important for the master bedroom.
- Major living areas located in positive energy.
- Limited structural issues that could contribute to difficulties.

A pre-purchase appraisal is delivered within 24 hours of inspection so that you can make your decision as quickly as possible. All properties come with a rating out of 10 and a list of pros and cons so that you can easily factor it in to your decision-making process.

So if you are thinking about buying, then a Feng Shui assessment is certainly worthwhile to ensure your future home environment will support you across all levels. Having good Feng Shui is like swimming with the current of life rather than against it. It can contribute to a smoother more enjoyable ride.

Have a great month

**Warm Wishes,**

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